MAKE IT A WEEKEND

Partners

Northwestern Hills COG Northwest Conservation District USDA NRCS Town Of Litchfield Town Of Morris Town Of Goshen

The Northwest Hills of Connecticut in autumn is a memorable experience. From beautiful parks, hiking trails, activities and amazing food, a weekend visit is a perfect way to rest and relax after your TDF bike ride. Visit our TDF website for activities, lodging and restaurants in the area.

www.TourDesFarms.org

Farms On The Route

*CTRC&D Farm Energy Project

Thomcrest Farm & Milk House Chocolate* - Kimberly and Clint feed their cows the finest, sweetest hay and natural feeds resulting in their signature cream milk and delicious artisanal chocolates, Milk House Chocolates, made with fresh orchard fruits, garden herbs, and honey.

Meadowridge Farm – At this picturesque dairy farm, you'll find a rich blend of natural habitats and farming terrain. Shop here for fresh raw milk and eggs.

Bunnell Farm– This bucolic fifth generation family owned & operated farm offers pumpkins, turkeys, and a corn maze (if *you have the time*)

Arethusa Farms - All products at the Arethusa Dairy Store are made using only the milk from Arethusa's cows, over 300 head.

White Flower Farm* - White Flower Farm is a family-owned nursery based in Northwest Connecticut. Since 1950, they've been growing a wide range of ornamental plant varieties.

Truelove Farms - Grass-based practices to ethically raise pork, beef, eggs, and poultry, no growth hormones or sub-therapeutic antibiotics, and all animals are brought up on pasture for a better quality of life & a higher quality product.

Litchfield Hills Farm Fresh Market - Over 28 Farms and Vendors greet shoppers at Litchfield's Center School. ww.litchfieldfarmersmarket.org

South Farms—An iconic family run farm hosting the Morris Marketplace, hops growing collaboration with Connecticut brewers.

Brierwood Nurseries - Grower of quality ornamental plants, produced in their Connecticut greenhouses and fields.

Miranda Vineyards - Handcrafted vintage wines produced using traditional European methods passed down through the generations.



ROUTES

Two routes are available to lead you on a scenic tour of some of the most picturesque and productive farmland in Connecticut's

Northwest Hills. Stop at local farms and get to know the diversity of Connecticut's agricultural production. You can shop for local produce as you ride and we will pick up your purchases and deliver them back to the gathering spot for you.



The Tour Des Farms starts and ends at the incredibly beautiful White Memorial Conservation Area located in Litchfield, Connecticut. The entrance can be found two miles west of Litchfield, off of Route 202 at 80 Whitehall Road, Litchfield, CT 06759



FROM THE WEST: From I-84 take exit 7 to Route 7 north; follow Route 7 north to New Milford and turn east on Route 202.

FROM THE EAST: From Route 8 take exit 42; follow Route 118 west to Litchfield center, turn west on Route 202.

FROM THE NORTH: Take Route 63 south to Litchfield center, turn west on Route 202.

FROM THE SOUTH: Take Route 63 north to Litchfield center and turn west on Route 202.

Please Note

Cyclists must wear a helmet.

All Entrants are encouraged to carry water bottles.

Cyclists must be age 13 or older.

This event takes place Rain or Shine.

The ride is limited to the first 250 registrants

All entrants will sign a release when they check in.

~TIRE TREAD NOTICE~

There are several short sections of compacted dirt roads leaving and entering the White Memorial, along the route, and at several of the farms.

TO REGISTER

Log on to www.TourDesFarms.org

Or complete the registration form below, with a check made out to CTRC&D, mail it to P.O. Box 70, Haddam, CT 06438. For further questions call (860) 345-3977

Tour Des Farms offers a variety of registrations

____@\$65 Individual Farm Ride Registration

- ____@\$25 Youth (age 13-18) Registration must include the consent form signed by a parent or guardian.
- _____@\$250 Pitchfork Individual Registration includes a Tour Des Farms Cycle Jersey
- @\$500 Wagon Individual Registration includes a Tour Des Farms Cycle Jersey & a picnic lunch
- @ \$20 Optional Picnic Lunch (local food market)

Route Choic	e 16 Mile	26 Mile

Attending Pie Fest (Pie Ordering) ____ Yes ____No

Special Requirements __Vegetarian __Gluten Free

Your tax-deductible donation is a great way to support CTRC&D's grassroots projects.

Entrant's Name (s)		
Street Address		
Town		
State ZIP		
Phone		
Email		
Tee Shirt Included - Guaranteed with early registration by 8/15/2018		
Sm Med Large X Large XX Large		
TDF Cycle Jersey (Unisex Fit)\$85 each		
Sm Med Large X Large XX Large _		



Cultivating Innovative Partnerships & Programs to Promote Agriculture, Conservation, Rural Economic Growth, and Healthy Food Systems.

CTRC&D is a 501(c)(3) non-profit organization Your tax deductible donation is a great way to show support for the work of CTRC&D.

www.CTRCD.org

Proceeds, sponsorships & donations will support:

Agriculture Job Training & Career Placement for High School and College Graduates

Promoting Sustainable Local Food

Implementing Energy Projects on Connecticut Farms

Sustainable Conservation Agriculture Projects (CACEE)

AGvocate: Best Practices in Land Use and Zoning for Municipalities Supporting Agriculture

Local Resilience for Rural Small Business Growth

Soil Health Initiative Education

Environmental Review Team Program Supporting Municipalities and Land Trusts

Connecticut Rural Land Rural Town Conference



CTRC&D 1066 Saybrook Road - P.O. Box 70 Haddam, CT 06438 (860) 345—3977

SCHEDULE

MORNING

8:00AM Registration Opens ~ Breakfast refreshments have been provided by local farms and food vendors- think globally/eat locally-support your local farms.

8:30AM About The Routes ~A brief summary about the routes and what to expect on your ride

CROP CASH!!! Participants will be receiving five "Crop Cash" dollars with each registration. Crop Cash" is honored at all farm stops the day of the event only.

8:50AM How Nature Shaped the Route ~Members of the CTRC&D ERT Team will provide a short description of landscape and geologic history

9:00AM ~ TDF Long Route Ride Begins

10:00AM ~TDF Short Route Ride Begins

AFTERNOON

1:00 - 3:30PM TDF Purchased Product Pickup Station Open

CTRC&D 50th ANNIVERSARY CELEBRATION



2:00 - 5:00PM PIE FEST Activities ~Vendors ~Music 6:00PM Celebration Concludes





Saturday - October 6, 2018

Join us for a fun ride designed to highlight Connecticut Farms

- Cycle through Litchfield County, visiting farms in support of CTRC&D
- Get to know the diversity of the state's agriculture production and local farms
- Shop for local produce as you ride and we'll pick up and deliver it back to the starting point for you.

