## CONNECTICUT SOIL HEALTH INITIATIVE

Soil Health is the continued capacity of soil to function as a vital living ecosystem to support plants, animals, and humans

The Soil Health Initiative hosted by CT RC&D in partnership with USDA NRCS, delivers education and support to producers and a variety of federal, state, and nonprofit staff through workshops, conferences, pilot programs, equipment sharing, and hands on learning for the implementation of healthy soils in Connecticut.







United States Department of Agriculture

Natural Resources Conservation Service USDA IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER

## SOIL HEALTH MANAGEMENT PRINCIPLES

- Minimize soil disturbance fewer tillage passes
- Maximize soil cover plants year round
- Maximize biodiversity changing plant types (vegetables/grains/grass/legumes)
- Maximize the presence of living roots living roots equal living soil

BENEFITS OF SOIL HEALTH

Fields with soil health systems, such as no-till, cover cropping, or crop rotation have demonstrated positive results through:

- Increasing the soil's organic matter and improving microbial activity
- Sequestering more carbon
- Increasing water infiltration
- Improving wildlife and pollinator habitats
- Harvesting better profits and often better yields
- Reducing labor, fertilizer, and energy costs



## MORE INFORMATION ON IMPROVING SOIL HEALTH

CT RC&D Soil Health Initiative: www.ctrcd.org/agriculture/soil-health-initiative

USDA NRCS CT Soil Health: www.nrcs.usda.gov/wps/portal/nrcs/main/ct/soils/health